

- 2.1.6. The wearing of advertising slogans on the fins and compressed air tanks during international competitions and championships is allowed without restrictions. However, nothing is authorized, as far as the snorkel is concerned, since the latter is an equipment essential to judging. Advertising slogans are tolerated on the swimmers' sportswear. However it is stressed here that during international championships the swimmers must present themselves at the different ceremonies (like awards ceremony) in the official dress of their national team.
- 2.1.7. The swimmers with not conformed equipment, will not admitted to the starting block. If the irregular equipment will be find out after the end of the race, the swimmer will be disqualified.
- 2.1.8. Any new equipment must be shown to the Working Group of the CMAS Finswimming Commission in advance, which gives its recommendation to the CMAS Finswimming Commission for validity.

3. CMAS Championship and Competitions

3.1. CLASSIFICATION OF THE COMPETITION

- 3.1.1. Two different kind of competition:
- Swimming-pool Competition
 - Open Water or Long Distance Competition

3.1.2. CMAS Championship and Competition:

- World Championship
- Continental Championship
- World Cup

3.1.3. also:

- World Games (organized by IFWGA)

3.2. WORLD AND CONTINENTAL SWIMMING-POOL CHAMPIONSHIP

3.2.1. World and Continental Championships are organized every two years alternatively:

- World championship:odd years ('01, '03, '05, '07, '09)
- Continental championship:even years ('00, '02, '04, '06, '08)
- World junior championship:even years ('00, '02, '04, '06, '08)
- Continental junior championship:odd years ('01, '03, '05, '07, '09)

3.2.2. World and Continental championships must be organized with doping test, according to the I.O.C. doping regulation.

3.2.3. The championships must be held in officially approved swimming pools

3.2.4. The CMAS Judge Delegate must be nominated by the Finswimming Commission and approved by CMAS Executive Bureau.

3.2.5. The citizenship of the swimmer is certified by his/her passport. The same holds for the control of age, in particular for junior swimmers.

3.2.6. World and Continental Swimming-pool Championships

- a) Each country may enter no more than two (2) swimmers for each distance and one (1) relay team.
- b) The teams have the right to change the composition of the relay teams between the qualifying heats and the final.
- c) The entries must reach CMAS headquarters within the time limits set by the CMAS rules.
- d) World Championship will be organized over five (5) days and 10 sessions.;
- e) The qualifying heats are scheduled in the morning and the semi-finals (for the events of 50 meters SF, 50 meters AP) or finals in the afternoon. 800 IM race with time classification (direct final). All the other distance: qualifying heats and final. All the other distance: qualifying heats and final.

f) Five days programme: (World Senior Championship)

	Morning HEATS	Afternoon FINAL	Medal Ceremony
Day 1	50 AP Women	50 AP Women	
	1500 SF Men	100 IM Men	50 AP Women
	100 IM Men	400 SF Women	100 IM Men
	400 SF Women	4x200 Men	400 SF Women
	4x200 Men		4x200 Men
Day 2	50 SF Men	50 SF Men	800 IM Men
	50 Bifins Men	50 Bifins Men	50 SF Men
	800 IM Men (direct final)	1500 SF Men	50 Bifins Men
	800 SF Women	200 SF Women	1500 SF Men
	200 SF Women	200 Bifins Women	200 SF Women
	200 Bifins Women	400 SF Men	200 Bifins Women
Day 3	400 SF Men		400 SF Men
	800 SF Men	800 SF Women	
	100 IM Women	100 IM Women	800 SF Women
	100 SF Men	100 SF Men	100 IM Women
	100 Bifins Men	100 Bifins Men	100 SF Men
400 IM Men	400 IM Men	100 Bifins Men	
Day 4			400 IM Men
	50 AP Men	50 AP Men	
	1500 SF Women	800 SF Men	50 AP Men
	100 SF Women	100 SF Women	800 SF Men
	100 Bifins Women	100 Bifins Women	100 SF Women
	400 IM Women	400 IM Women	100 Bifins Women
4x200 Women	4x200 Women	400 IM Women	
Day 5			4x200 Women
	50 SF Women	50 SF Women	800 IM Women
	50 Bifins Women	50 Bifins Women	50 SF Women
	800 IM Women (direct final)	1500 SF Women	50 Bifins Women
	200 SF Men	200 SF Men	1500 SF Women
	200 Bifins Men	200 Bifins Men	200 SF Men
	4x100 Women	4x100 Women	200 Bifins Men
4x100 Men	4x100 Men	4x100 Women	
		4x100 Men	

- g) For all other championships a three (3) day program may be apply. All heats except 50 m AP, 50m SF and 100m SF are swum in direct finals (heats with time classification). The organiser may propose the programme in five or three days for agreement of the CMAS Finswimming Commission.

h) Three days programme (Available for other championships):

	Morning	Afternoon	Medal Ceremony
Day 1	100 SF Women (qualify. Heats)	100 SF Women (FINAL)	
	100 Bifins Women (qualify. Heats)	100 Bifins Women (FINAL)	100 SF Women
	100 SF Men (qualify. Heats)	100 SF Men (FINAL)	100 Bifins Women
	100 Bifins Men (qualify. Heats)	100 Bifins Men (FINAL)	100 SF Men
	1.500 SF Women (slow heats)	1.500 SF Women (FAST HEAT)	100 Bifins Men
	1.500 SF Men (slow heats)	1.500 SF Men (FAST HEAT)	1.500 SF Women
	400IM Women (slow heats)	400IM Women (FAST HEAT)	1.500 SF Men
	400IM Men (slow heats)	400IM Men (FAST HEAT)	400IM Women
	4X200 Women (slow heats)	4X200 Women (FAST HEAT)	400IM Men
4X200 Men (slow heats)	4X200 Men (FAST HEAT)	4X200 Women	
			4X200 Men
Day 2	50 SF Women (qualify. Heats)	50 SF Women (FINAL)	
	50 Bifins Women (qualify. Heats)	50 Bifins Women (FINAL)	50 SF Women
	50 SF Men (qualify. Heats)	50 SF Men (FINAL)	50 Bifins Women
	50 Bifins Men (qualify. Heats)	50 Bifins Men (FINAL)	50 SF Men
	800 IM Women (slow heats)	800 IM Women (FAST HEAT)	50 Bifins Men
	800 IM Men (slow heats)	800 IM Men (FAST HEAT)	800 IM Women
	400 SF Women (slow heats)	400 SF Women (FAST HEAT)	800 IM Men
	400 SF Men (slow heats)	400 SF Men (FAST HEAT)	400 SF Women
	100 IM Women (slow heats)	100 IM Women (FAST HEAT)	400 SF Men
	100 IM Men (slow heats)	100 IM Men (FAST HEAT)	100 IM Women
			100 IM Men
Day 3	50 AP Women (qualify. Heats)	50 AP Women (FINAL HEAT)	
	50 AP Men (qualify. Heats)	50 AP Men (FINAL HEAT)	50 AP Women
	200 SF Women (qualify. Heats)	200 SF Women (FINAL HEAT)	50 AP Men
	200 Bifins Women (qualify. Heats)	200 Bifins Women (FINAL)	200 SF Women
	200 SF Men (qualify. Heats)	200 SF Men (FINAL HEAT)	200 Bifins Women
	200 Bifins Men (qualify. Heats)	200 Bifins Men (FINAL)	200 SF Men
	800 SF Women (slow heats)	800 SF Women (FAST HEAT)	200 Bifins Men
	800 SF Men (slow heats)	800 SF Men (FAST HEAT)	800 SF Women
	4x100 Women (slow heats)	4x100 Women (FAST HEAT)	800 SF Men
	4x100 Men (slow heats)	4x100 Men (FAST HEAT)	4x100 Women
			4x100 Men

3.3. WORLD AND CONTINENTAL LONG DISTANCE CHAMPIONSHIP

3.3.1. The World and Continental Long Distance Championships are held over three days with the following program:

- **first day:** relay 4 x 3 km
- **second day:** individual 6 km
- **third day:** individual events 20 km (only senior)

3.3.2. Each country may enter not more than four (4) swimmers for each distance and one (1) relay team.

3.3.3. During CMAS championships, juniors are not allowed to swim more than one individual race. They are however allowed to participate in a senior relay in addition to the junior relay. (The CMAS rules fixes the maximal distances authorized for junior swimmers).

3.4. PROGRAMME OF THE WORLD CHAMPIONSHIP

3.4.1. The programme of the World Championship, senior and junior, will include the swimming-pool and the long distance schedule.

3.4.2. The programme of the Continental Championship, senior and junior, can include the swimming-pool and the long distance schedule.

3.5. WORLD CUP SWIMMING-POOL

3.5.1. see the "Appendix CMAS FS Rules" enclosed.

3.5.1.1. World Cup must be organized with doping test, according to the I.O.C. doping regulation.

3.5.1.2. There are two different category in the World Cup competition: